

COLD DRINKS

SMOOTHIES

MANGO, PINEAPPLE, PASSION FRUIT	151KCAL	£4.95
BANANA, BLUEBERRY, RASPBERRY & FLAX SEED	171KCAL	
SPINACH, KALE & MANGO	135KCAL	

SHAKES

REAL STRAWBERRIES	259KCAL	£4.95
INDULGENT BELGIAN CHOCOLATE	388KCAL	

ICED

LATTE	178KCAL	£3.85
MATCHA LATTE	181KCAL	£4.25
PEACH TEA	80KCAL	£3.25
FLAVOURED SYRUP	40KCAL	£0.75

SMARTWATER	600ML	£1.60
HARROGATE SPA STILL MINERAL WATER	500ML	£1.30
HAPPY INSIDE MANGO & PASSIONFRUIT	250ML	£2.25
HAPPY INSIDE POMEGRANATE, LIME & MINT	250ML	£2.25
COCA COLA ORIGINAL	500ML	£2.95
DIET COKE	500ML	£2.85
COKE ZERO	500ML	£2.85
OASIS SUMMER FRUIT	500ML	£2.95
OASIS CITRUS FRUIT	500ML	£2.95
FANTA ORANGE	500ML	£2.95
RED BULL	250ML	£3.15
MONSTER	500ML	£3.25
FRUIT SHOOT APPLE/BLACKCURRANT	200ML	£1.00

ADULTS NEED AROUND 2000 KCALS PER DAY