**Film transcript**

**Green Light Trust and the Volunteering Platform**

At Greenlight Trust. So we bring people and planet together and we support people with their health wellbeing also education. So essentially we bring people together in groups, teach them woodland management skills, how to work with green wood, how really just to connect with nature and connect with other people.

So, our team here at Greenlight Trust, we're about there's about 70 of us, 20 of which are volunteers, and we would love to have more volunteers as part of our team across Suffolk and Norfolk.

There's a huge impact that that volunteers bring but also volunteers gain an awful lot themselves in terms of connecting with the charity feeling that real kind of value and purpose and being able to contribute in a really meaningful way.

And it offers them also an opportunity to connect with nature and other people which is really fulfilling. So having volunteers as part of the team means that our facilitators and coordinators who work directly with our participants, our beneficiaries here at Greenlight Trust have more time to spend with each individual.

We've also got some volunteers who are what I call behind the scenes. So supporting kind of developing our SharePoint system and that all has a really huge impact for us as a charity because we've got to make that charity pound stretch further and further and we're really looking forward to using the new platform with the Royal Voluntary Service to look for more volunteers.

Historically most of our volunteers have been previous participants. So this enables us to cast our net wider and really shout about what we do here and get people involved in a different way. And so that could be more volunteers out people that are working behind the scenes and wanting to offer their professional expertise and contribute to something really meaningful that brings people on planet together. So we're really we're really excited about the app and we'll definitely be posting roles on it.