

Common symptoms of hearing loss

There are a number of tell-tale signs that might indicate you have hearing loss. Do any of these seem familiar to you?



You have the TV or radio volume uncomfortably loud for other people



Telephone conversations are hard work



You find it difficult to hear dialogue in noisy environments



You ask people to repeat things or misunderstand what they say

If you have experienced one or more of these situations you may benefit from a hearing test and expert advice from a hearing care professional.

You can book a free hearing test at Specsavers without obligation, and if you require a hearing aid there is a same day test and fit service, so your hearing is better from day one.

For more information or to request a free hearing test, call Specsavers Hearing Centres on 0800 023 4731 or visit [specsavers.co.uk/hearing](https://www.specsavers.co.uk/hearing)

Tackling hearing loss together

If you're starting to miss the odd word, you might find you're missing out on the jokes and chat too. Before too long, you could find you feel a bit isolated.

That's why Royal Voluntary Service has teamed up with Specsavers, the UK's number one high street provider of hearing aids, to encourage everyone over 55 to get a free hearing check.

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**Working together against
the isolation of hearing loss**

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Listen out...

for the tell tale signs of hearing loss



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Understanding hearing loss

Hearing loss is surprisingly common. In fact it affects 1 in 6 adults in the UK. It happens gradually, so you might not even realise it is getting worse. It can be a normal part of ageing or caused by experiencing too much noise over time.

Hearing loss can affect every aspect of your life, especially the things that are most important to you such as relationships with family, friends or work colleagues. Emotionally and physically, untreated hearing loss can impact negatively on all areas of life. People who suffer from hearing loss often say that they feel isolated from the world going on around them.

Royal Voluntary Service

Royal Voluntary Service is a national volunteer charity that enriches the lives of older people and their families. We support older people in communities across Britain by giving time and practical support to help them get the best from life.

By connecting older people with their local community we can help alleviate the devastating effects caused through loneliness and isolation.

Royal Voluntary Service and Specsavers have joined forces to raise awareness of age related hearing loss, the signs to look out for and how to access help.

What happens in a hearing test?

If you're not sure whether you have a hearing problem, Specsavers 3-minute hearing check is a quick and simple way to find out. It's free and you don't need an appointment, just ask in store. Then, if you need to arrange a full hearing test, that's free too.

A full hearing test carried out by a qualified hearing care professional takes around 30 minutes. Here's what to expect:

- You will be asked about your hearing experiences and your ears will be examined
- Your ears will be tested by playing sounds at different pitches through a pair of headphones. You will be asked to press a button every time you hear a sound
- Next you will be asked to wear a special headband that will test how well you hear sound through vibrations
- Your results will be discussed with you and whether you would benefit from hearing assistance. If you could be helped by hearing aids, the range available to you at Specsavers will be explained to you

Why choose Specsavers?

Specsavers is the UK's No.1 high street provider of hearing aids, conveniently located in over 650 locations. Every one of their audiologists is a member of The British Society of Hearing Aid Audiologists (BSHAA) and registered with the Health and Care Professions Council (HCPC) as hearing aid dispensers.

Specsavers has a clear-price policy on all private hearing aids, including a 90-day money back guarantee. Designed and built by world leading manufacturers, they come in a range of discreet fitting styles and feature the newest innovations in hearing assistance.

In many parts of England, Specsavers are also accredited to deliver free digital hearing aids on behalf of the NHS with a GP referral.

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