

ACTIVITY PACK

Dementia Friendly



April 2025

Letter game

How many words can you make using the letters in the grid below:

P	O	D
K	L	E
T	C	U

Answers:

Alphabets

Place the following words in alphabetical order:

York Edinburgh Newport Carlisle

Chester Sheffield Luton Slough

Hawick Abergavenny Doncaster Glasgow

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

Code Breaker

Fill in each 3 x 3 square, horizontal line and vertical line with the numbers 1 through to 9. There should be no repeated numbers in any lines or 3 by 3 square.

5				8				9
	9	1	3				8	4
		7	1	6		3		
1	8	4	9	3	6			5
	5						3	6
		9	2					8
	7			9	1	8	2	3
2		6			7			1
	1		6					7

Name the flower

Name the flowers in the images below:

1.



2.



3.



4.



Wordsearch

All the words in the wordsearch below are associated with Spring.

D	A	I	S	Y	S	D	S	U	Y	L	A	B	N	B
S	E	F	L	W	E	S	U	W	E	A	F	G	Q	L
S	A	B	L	S	S	M	N	G	U	M	A	S	D	O
O	S	A	G	E	H	S	Y	H	J	B	S	A	I	S
M	T	T	I	U	N	A	D	B	N	S	E	R	S	S
L	E	T	T	F	L	O	W	E	R	S	T	I	Y	O
P	R	A	L	I	P	R	T	J	U	M	H	L	R	M
E	E	B	U	T	T	E	R	F	L	Y	J	P	A	Y
R	R	A	B	T	I	Y	J	U	M	L	M	A	B	U
T	I	A	D	F	E	D	U	C	K	L	I	N	G	S
Y	B	S	S	O	M	Y	J	D	E	E	A	G	A	D
A	P	R	I	L	F	L	O	S	W	E	F	N	I	L
A	F	G	H	J	K	T	R	N	E	S	T	E	T	Y

April
Blossom
Butterfly
Daisy
Ducklings

Easter
Flowers
Lambs
Nest
Sun

Name the Musical

The songs below are all from musicals, name the musical each song is from.

1. A spoonful of Sugar _____

2. Over the Rainbow _____

3. I feel pretty _____

4. I've got a Golden Ticket _____

5. Summer Nights _____

6. Getting to know you _____

7. Circle of Life _____

8. Money, Money, Money _____

9. My Favourite things _____

10. Tomorrow _____

Name 5

For each topic, give 5 answers, or more if you can!

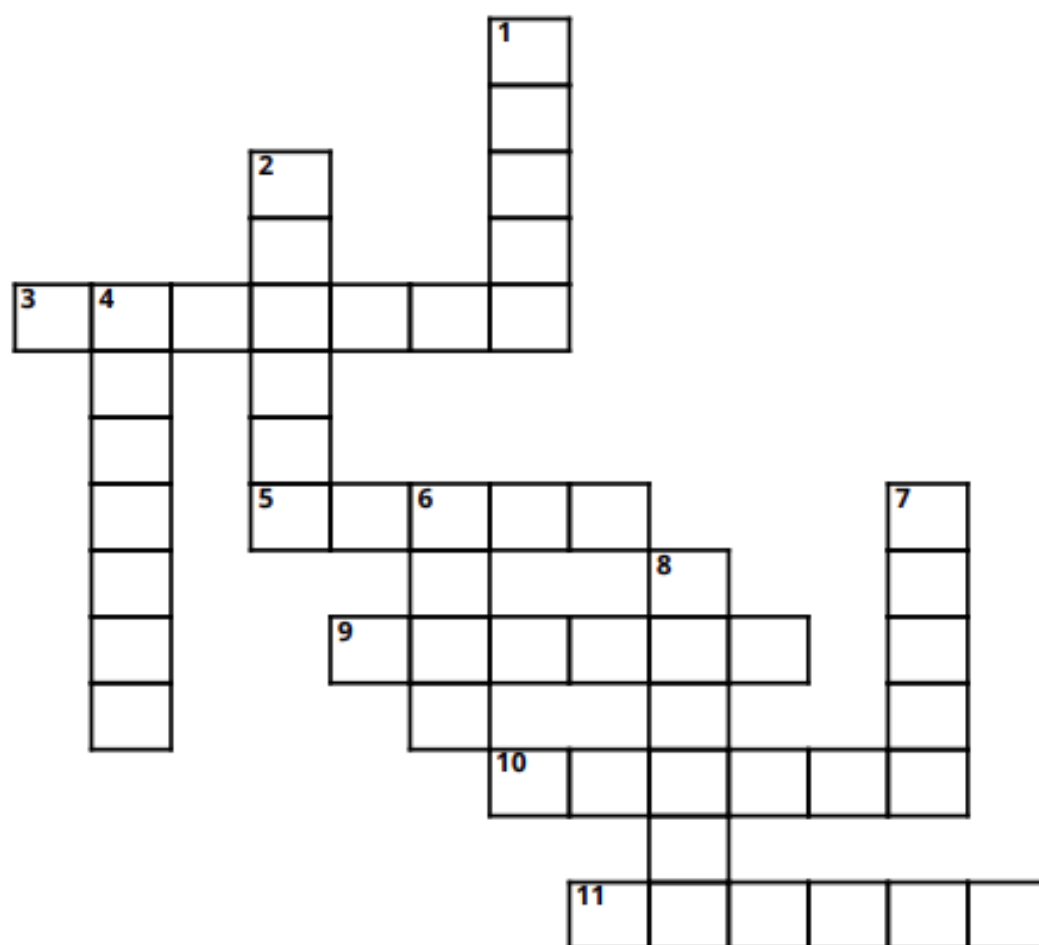
1. Occupations

2. Animals

3. Items of clothing

4. Vegetables

Crossword



Across

- 3.** Popeye enjoyed this
(7)
- 5.** Eve ate one of these
(5)
- 9.** Vegetable said to be good for the eyesight
(6)
- 10.** It is filled with Vitamin C
(6)
- 11.** The main ingredient in Ketchup
(6)

Down

- 1.** A fruit that rhymes with beach
(5)
- 2.** Yellow fruit
(6)
- 4.** Carved at Halloween
(7)
- 6.** You might eat these mushy
(4)
- 7.** Wine is made from this fruit
(5)
- 8.** Vegetable can be mashed or roasted
(6)

Name the Landmark

Name the famous landmarks in the images below.
You could also add the Country they are found in.

1.



2.



3.



4.



Answers

Page 1. Letter Game – here are a few answers. There are many more:

Put, Cup, Pole, Duck, Luck, Lock, Deck

Page 2. Alphabets

1. Abergavenny
2. Carlisle
3. Chester
4. Doncaster
5. Edinburgh
6. Glasgow
7. Hawick
8. Luton
9. Newport
10. Sheffield
11. Slough
12. York

Page 3. Sudoku

5	2	3	7	8	4	1	6	9
6	9	1	3	5	2	7	8	4
8	4	7	1	6	9	3	5	2
1	8	4	9	3	6	2	7	5
7	5	2	4	1	8	9	3	6
3	6	9	2	7	5	4	1	8
4	7	5	8	9	1	6	2	3
2	3	6	5	4	7	8	9	1
9	1	8	6	2	3	5	4	7

Page 4. Name the Flower

1. Tulip
2. Poppy
3. Daffodil
4. Sunflower

Page 5. Wordsearch

D	A	I	S	Y	S	D	S	U	Y	L	A	B	N	B
S	E	F	L	W	E	S	U	W	E	A	F	G	Q	L
S	A	B	L	S	S	M	N	G	U	M	A	S	D	O
O	S	A	G	E	H	S	Y	H	J	B	S	A	I	S
M	T	T	I	U	N	A	D	B	N	S	E	R	S	S
L	E	T	T	F	L	O	W	E	R	S	T	I	Y	O
P	R	A	L	I	P	R	T	J	U	M	H	L	R	M
E	E	B	U	T	T	E	R	F	L	Y	J	P	A	Y
R	R	A	B	T	I	Y	J	U	M	L	M	A	B	U
T	I	A	D	F	E	D	U	C	K	L	I	N	G	S
Y	B	S	S	O	M	Y	J	D	E	E	A	G	A	D
A	P	R	I	L	F	L	O	S	W	E	F	N	I	L
A	F	G	H	J	K	T	R	N	E	S	T	E	T	Y

Answers

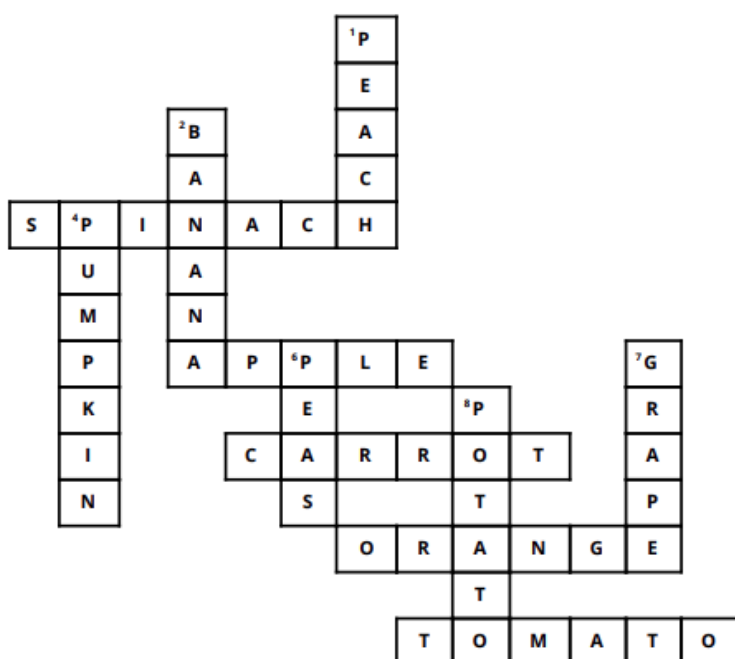
Page 6. Name the Musical

1. Mary Poppins
2. The Wizard of Oz
3. West Side Story
4. Willy Wonka and the Chocolate Factory
5. Grease
6. The King and I
7. The Lion Kin
8. Mamma Mia
9. The Sounds of Music
10. Annie

Page 7. Name 5 – there are many more

1. Scientist, Clerk, Doctor, Baker, Receptionist
2. Rhino, Elephant, Kuala, Cow, Sheep
3. Tie, Skirt, Shorts, Jumper, Socks
4. Leek, Broccoli, Cabbage, Carrot, Potato

Page 8. Crossword



Page 9. Name the landmark

1. Leaning Tower of Pisa
2. The Great Pyramid of Giza
3. Great Wall of China
4. Taj Mahal

Help and Support

Royal Voluntary Service runs groups for people living with dementia and their carers, family and friends, in the following areas, to find out more please get in touch with the team in your area:

Scottish Borders:	scottishbordershub@royalvoluntaryservice.org.uk
Northumberland:	northumberlandhub@royalvoluntaryservice.org.uk
Kirklees:	kirkleesdementiasupport@royalvoluntaryseaddrvice.org.uk
Doncaster:	doncasterdementiasupport@royalvoluntaryservice.org.uk
Staffordshire:	stdementiasupport@royalvoluntaryservice.org.uk
Leicestershire:	leicestershiredementiasupport@royalvoluntaryservice.org.uk
Birmingham:	birminghamdementiasupport@royalvoluntaryservice.org.uk
South Wales:	dementiaclubwales@royalvoluntaryservice.org.uk
Oxfordshire:	oxdementiasupport@royalvoluntaryservice.org.uk
Dundee:	dundeedementiasupport@royalvoluntaryservice.org.uk
Sussex:	lancingdementiasupport@royalvoluntaryservice.org.uk
Leeds:	leedsdementiasupport@royalvoluntaryservice.org.uk

If you need urgent support, the following organisations have support lines:

Dementia UK - A free dementia helpline

Telephone: **0800 888 6678**
Email: **helpline@dementiauk.org**

Monday – Friday: 9:00am-9:00pm
Saturday – Sunday: 9:00am-5:00pm

Alzheimer's Society

England: **0333 150 3456**
Welsh speaking: **0330 0947 400**
Scotland (24hours): **0808 808 3000**

Monday – Wednesday: 9:00am – 8:00pm
Thursday – Friday: 9:00am – 5:00pm
Saturday – Sunday: 10:00am – 4:00pm

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