Make drinks more exciting, try some of these great mocktails!

**Infused Water**
Crush ginger and herbs to extract flavour, or cut fruits into small chunks, and add to an infuser! There’s no limit to what flavours you can try.

**Sparkling Sangria**
Add sliced apples, strawberries, oranges, blueberries and frozen grapes to sparkling grape juice. Stir well and enjoy!

**Cucumber-Mint Spritzer**
Slice cucumbers into thin ribbons (using a vegetable peeler), place them in a large jug, add a handful of fresh mint leaves, stir them gently and then squeeze in the juice of 1 ½ lemons (or limes) into the jug (saving the remaining fruit for decoration), stir in some carbonated water. Serve with some ice, and decorate with a mint leaf and a slice of lemon (or lime). Sit back and enjoy!